Fish and chips played a part in the D-Day Landings. British soldiers identified each other by crying out "fish" and waiting for the response of "chips".



Ferwick

#### VOL. 2025

#### FAMILY OWNED & OPERATED SINCE 1926 ONE SHILLING

**OUR HERITAGE** 

**O**n behalf of our family to yours, let us welcome you to the famous Colmans of South Shields, the nation's favourite fish and chip restaurants.

We have been serving our famous Fish and Chips for five generations and have built our reputation by not compromising on quality or service.

We believe that Fish and Chips are one of the World's greatest dishes, and here at Colmans you will find the Nation's favourite at its finest. We firmly believe that here in the North East of England we have access to some of the World's greatest Fish and Seafoods. We take great pride in sourcing only the finest local and seasonal produce. Keeping with tradition that goes back five generations and to maintain the quality we have become famous for, we still personally choose our own Fish and Seafoods from our local fish quays.

### SUSTAINABLE FOR THE FUTURE

Wherever possible our fish and seafoods are sourced from sustainable and well-managed fishing grounds. Sustainability is very important to us; the ability to supply the needs of the present, without compromising the needs of the future, is what we believe in and are passionate about. Of course we remain fully committed to all environmental issues. You can find further details on our website.

### FIVE GENERATIONS OF FAMILIES

The Colman and Fenwick collaboration bring together two North-East family businesses, with over two centuries of rich history between them. Both in their fifth generation, the companies have come together to bring you the nation's favourite dish, in Fenwick department store. It all started in 1905 with a small wooden hut on South Shields foreshore. From there, in 1926, we opened Colmans on Ocean Road. Almost 100 years later we still operate there today, converting the adjacent buildings as the business grew. We also had many other sites throughout the years, some of which you may spot on our history mural! In 2017 we took over the former bandstand, locally known as 'Gandhi's Temple' and converted it into Colmans Seafood Temple – a family-orientated seafood restaurant with panoramic views of South Shields beach, serving the finest local seafood.

The word batter

comes from the

French word battre,

which means to

beat - in reference

to whisking the flour

and water together.



Colmans on Ocean Road, circa 1926. Mr Colman is first on the left.

# **IN MORE RECENT TIMES**

In recent years, we have been delighted to win many national and regional awards, which have gained up both a national and international following. We were honoured to be asked to provide our famous fish and chips for Queen Elizabeth II's birthday celebrations in Guatemala and Rome. We travelled to the British Amassador's Residence, Villa Wolkonsky, where we cooked our fish and chips for 850 dignitaries and guests.

We have been visited by the likes of Hilary Clinton, James Corden, Sting – the list goes on, to sample our fish and chips.

## **BITS AND PIECES**

Perfect for something to start, something to go with, or something for the middle!

XL King Prawn Taco Togarashi, kewpie mayo, katsu sat	£8.50 uce
Mushy Pea Fritters (PB) Ketchup	£6.50
Caesar Salad Fenwick sourdough croutons	£7.50
Three Cheese Croquettes (v) Mustard mayo	£8

Spam Hash Browns Spiced brown sauce	£8.50
Battered Geordie Bangers Chip shop curry	£6
Mackerel Pâté House pickles, Fenwick brioche	£9.50
Classic Prawn Cocktail Fenwick brown bread	£11

## **CATCH OF THE DAY**

All traditionally fried in Colmans famous batter. Served with our thick-cut chips, fresh lemon and Colmans tartare sauce.

Prime Cod	£14.95
Line-Caught Haddock	£16.95
Breaded Whitby Scampi	£16.50
Colmans Fish 'Buttie' Fish goujons, Fenwick baked sto	£15 ttie,

pickles and Colmans tartare sauce

Day Boat Market Price Fish of the Day Traditionally fried or simply grilled. Our daily-changing fish, caught from the day boats of our north-east fish quays.

## SIMPLY GRILLED

Simply grilled in herb or garlic & parsley butter. Served with house salad or chips and fresh lemon.

Line-Caught Haddock (WF)	£16.95
King Prawns (WF)	£19.50
Salmon Supreme (WF)	£22.50
Halloumi (v, wf)	£13.95

## **DAILY SPECIALS**

Please check our blackboard or ask a colleague for our daily selection of local fish and seafoods.

We apologise if at any time we are unable to supply a seafood which appears on the menu. Due to adverse currents, seasonal fluctuations and weather conditions, some lines of seafood are not always available.

THE CLASSICS			
Traditional fish & chip shop classics, refined and elevated with some local collaborations			
'Great North Provisions' Steak and Brown Ale Pie <i>Thick-cut chips, chip shop s</i>	£14.95 gravy	Colmans Cod Fishcake Thick-cut chips, tartare sauce	£13.50
Crispy Halloumi (v) <i>Thick-cut chips</i>	£13.95	Battered Geordie Bangers Thick-cut chips	£12.50

## EXTRAS

### AFTERS

Colmans Tartare Sauce	£2.45	Sticky Toffee Pudding £8.25 Vanilla ice cream
Mushy Peas (PB)	£2.45	
Chip Shop Curry (PB)	£2.45	Lemon Posset£8Fresh raspberries and shortbread
Chip Shop Gravy	£2.45	Doddington's Ice Creams £6.50
Thick-Cut Chips	£4.50	A choice of 3 scoops. Chocolate, strawberry or vanilla
Fenwick Stottie	£3	
House Salad (PB, WF)	£5	
Scraps	Free	

### FROM THE CHIPPY TROLLEY

	Pickled	tavourites to go w	oth your meal	
Egg	Wally	Onions	Cockles	Mussels
£2.25	£1.50	£1.50	£1.95	£1.95

#### (V) Vegetarian (PB) Plant-based (WF) Wheat Free

Some of the ingredients we use in our kitchen are classified as food allergens. Full allergen information for items on our menu is available upon request. Our recipes are subject to change, please check with our restaurant colleagues on every visit to our restaurant. All prices include VAT. A discretionary 10% service charge will be added to your bill.

## DRINKS

### SOFT DRINKS

Marlish Still & Sparkling Water 330ml	£2.90
<b>Eager Fruit Juices</b> Orange - Apple - Cranberry	£3
<b>Colmans Homemade Lemonade</b>	£4
Ice Cream Float with Cream Soda	£4.50
Coca Cola - Diet Coca Cola - Sprite Zero - Fanta Orange 330ml	£3.30
<b>Fentimans</b> Dandelion and Burdock - Ginger E	£4 Seer
<b>Fever Tree</b> Tonic - Slimline Tonic - Soda	£2.70

### **HOT DRINKS**

Ringtons Tea	£2.75
Breakfast - Green	
Peppermint - Earl Grey	
<b>Ringtons Fenwick Blend Coffee</b>	

Espresso - Macchiato - Americano	£3
Flat White - Latte - Cappuccino	£3.50

### **BEER AND CIDER**

<b>Estrella Galicia Gluten-Free</b> 5.5% 330ml	£5.50
<b>Peroni Nastro Azzurro</b> 5.0% 330ml	£5
<b>Birra Moretti Sale Di Mare</b> 4.8% 330ml	£5
<b>Heineken 0%</b> 0% 330ml	£4.25
<b>Curious Apple Cider</b> 5.2% 330ml	£5
<b>Curious Session IPA</b> 4.4% 330ml	£5.25
Colmans X Vaux 1926 Blonde Beer 4.2% 330ml	£5.25

### WINES

#### White

**Vina Palomeras Blanco**, *Spain* 125ml £5 175ml £6.95 Bottle £26

**Fiori Sul Muro Catarratto Pinot Grigio**, *Italy* 125ml £5.50 175ml £7.950 Bottle £28

**Writer's Block Chenin Blanc**, *South Africa* Bottle £29.50

**Te Aka Marlborough Sauvignon Blanc**, *New Zealand* 125ml £6.50 175ml £8.95 Bottle £34

**Picpoul De Pinet Foncastel**, *France* Bottle £37

**Calmel & Joseph Villa Blanche Chardonnay**, *France* Bottle £39

**Gavi Di Gavi DOCG**, *La Soraia*, *Italy* Bottle £45

#### Rosé

**Monterey Bay Zinfandel Rose**, *California* 125ml £5 175ml £6.95 Bottle £26

Marius Peyol Provence Rose, *France* 125ml £6.50 175ml £8.95 Bottle £34

#### Red

**Balauri Pinot Noir**, *Romania* 125ml £5 175ml £6.95 Bottle £26

**La Grupa Malbec**, *Argentina* Bottle £32

#### **Champagnes and Sparkling**

**Prosecco Doc Famiglia Botter Extra Dry**, *Italy* 125ml £7.95 Bottle £31.50

**Chapel Down N.V Brut**, *England* Bottle £48

**Bollinger Brut**, *France* Bottle £80

**Bollinger Brut Rosé**, *France* Bottle £95

**Laurent Perrier Cuvee Rosé**, *France* Bottle £125

Please see our main drinks menu for spirits, cocktails and more.